



# PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA  
A Registered Charity (Charity Commission No 278742) [www.rcdea.org.uk](http://www.rcdea.org.uk)



## ST MARK

WITH HOLY FAMILY BRANTHAM

St Mark's Parish House, T 01473 684963  
180 Hawthorn Drive, E [luke.goymour@rcdea.org.uk](mailto:luke.goymour@rcdea.org.uk)  
Ipswich, Suffolk W [stmarksparish.org.uk](http://stmarksparish.org.uk)  
IP2 0QQ

The parish of St Mark includes St Mark's church in Ipswich and the church of the Holy Family in Brantham (CO11 1TB)

**Parish Priest:**  
Fr Luke Goymour

**Parish School:**  
St Mark's School  
**Headteacher:**  
Dr Michael Keller

**Parish Secretary:**  
Mrs Pat West available  
Tuesday 11 am – 1 pm  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)

**Parish Safeguarding Rep:**  
**Mrs Joanna McCall**  
[psr@stmarksparish.org.uk](mailto:psr@stmarksparish.org.uk)

**Eucharistic Adoration:**

St Mark's  
Friday 11:40 – 12:10

Holy Family  
Tuesday 9:20 – 9:50

**Prayer Group:**  
Mondays 7:00 – 8:30pm  
Praise, Worship  
scripture & reflection

**Confession**  
St Mark: 5pm Saturday  
and by appointment

**Children's Liturgy:**  
11 am 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>  
Sundays of each month



## ST MARY MAGDALEN

The Presbytery, T 01473 741975  
468 Norwich Road, M 07414 735102 (txt only)  
Ipswich, Suffolk W [marymagdalens.org](http://marymagdalens.org)  
IP1 6JS f [@marymagdalens](https://www.facebook.com/marymagdalens)

E [parishpriest@marymagdalens.org](mailto:parishpriest@marymagdalens.org) safeguarding@marymagdalens.org

**Parish administrator:**  
Fr Luke Goymour

**Assistant Priest:**  
Fr Paul Chanh  
E [paulchanh@gmail.com](mailto:paulchanh@gmail.com)

**Confession:**  
5:30pm Saturday  
and by appointment

**Parish School:**  
St Pancras Catholic Primary  
Stratford Road  
Ipswich  
IP1 6EF  
T 01473 742074

**Headteacher:**  
Mrs Lucille Martin

**Safeguarding**  
safeguarding@marymagdalens.org

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of  
Divine Mercy and  
Benediction

**Offerings:**  
Please consider setting up  
a standing order in favour  
of the parish instead of a  
weekly cash offering. If  
you can Gift Aid your  
donation, please complete  
a form which you can find  
in the church [porch].

**Bank:**  
Account name: St Mary  
Magdalen Roman  
Catholic Parish  
Sort Code: 20-44-51  
A/c Number: 70777323

**Catholic Lay Chaplain to the Ipswich Hospital:** Mrs Rachael Tearle, if you or a family member requires a visit, sacraments and support whilst in hospital please notify her by email: [hospitalchaplain@stmarksparish.org.uk](mailto:hospitalchaplain@stmarksparish.org.uk)

**Sunday 19<sup>th</sup> Sunday in Ordinary Time year B - 11<sup>th</sup> August 2024.**

## News for St Mark's Catholic Parish

<b>Responsorial Psalm – Taste and see that the Lord is good.</b>		
<b>19<sup>th</sup> Week in Ordinary Time – Year B</b>		
<b>MASS &amp; PRAYER TIMES:</b>		
<b>SATURDAY</b> <b>10/8/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: The People of the Parish	<b>19<sup>th</sup> Sunday in Ordinary Time</b>
<b>SUNDAY</b> <b>11/8/24</b>	<b>09:00 Holy Family</b> Offered For: Bishop Michael Evans RIP <b>11:00 St Mark's</b> Offered For: Penny Holland	<b>19<sup>th</sup> Sunday in Ordinary Time</b>
<b>TUESDAY</b> <b>13/8/24</b>	<b>10:00 Holy Family</b> Offered For: Grace O'Connor RIP	<b>Feria</b>
<b>WEDNESDAY</b> <b>14/8/24</b>	<b>9:30 am St. Mark's</b> Offered For: Priest's intentions	<b>St. Maximillion Mary Kolbe</b>
<b>THURSDAY</b> <b>15/8/24</b>	<b>9:30 am at St. Mark's</b> <b>19:00 at Holy Family</b> ((Holy Day of Obligation)	<b>The Assumption of the BVM</b>
<b>FRIDAY</b> <b>16/8/24</b>	<b>12:15 pm St. Mark's</b> Offered For: Bob & Kathy Gravino	<b>Feria</b>
<b>SATURDAY</b> <b>17/8/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: The People of the Parish	<b>20<sup>th</sup> Sunday in Ordinary Time</b>
<b>SUNDAY</b> <b>18/8/24</b>	<b>09:00 Holy Family</b> Offered For: Mon. Tony Philpot RIP <b>11:00 St Mark's</b> Offered For: Patrick Murphy RIP	<b>20<sup>th</sup> Sunday in Ordinary Time</b>

### Sunday Homilies

can be listened to again at:  
<https://anchor.fm/fr-luke-goymour> And on all major  
**Podcast platforms** just  
search:

***Fr Luke's Homilies***

**For Security Reasons the number for the key safe to enter the Presbytery has been changed. If you need to enter the building, this way, please email the Parish office for the new code.**

**Anyone who is given the code and any keyholders should note that they should only use them to enter the Church Premises during normal business hours (9-5pm) unless there is an emergency or prior arrangements have been made with Fr. Luke**

**Please remember that the Presbytery is Father Luke's Home.**

### Thursday is the Assumption and a Holy Day of Obligation

**Homilies:** This weekend Fr Luke is at St Mary Magdalens and Fr Paul is at St Mark's. We continue with our third installment on our preaching series on Johns Gospel and the Eucharist. Homilies can be listened to from Sunday Evening by going to "Fr Luke's Homilies" on our webpage if you wish to catch up or listen to the latest installment.

**FIND** - thanks us for our generosity. They are in need of Fresh Fruit & Vegetables. Mug Shots, Cereals. Long Grain Rice, Jam & Pasta Sauce. **The donation box is still under table at the back of St Marks.**

**Interested in working with children and young people?** Leaving school or university in the summer and deciding what to do next? In between jobs, or would like to do something 'different'? The Diocesan Youth Service is looking for people age 18-30 to join the Ignite Team, sharing the Gospel Message with young people. These are full-time positions initially for 12 months with training, food, accommodation and a monthly allowance provided. For more information see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth)

**Please collect used postage stamps for our local Hospice - ALL YEAR**, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice. Please cut around the stamp leaving just a small border.

**100 CLUB** – Raises funds for the Parish and holds a monthly prize draw. For more information visit the parish website by simply scanning the QR code alongside. Pick up a leaflet at the back of the church. Email [mgforsyth@outlook.com](mailto:mgforsyth@outlook.com) or call on 01206 399049. If you are existing member please remember to let Graeme know if you change your address



**ChurchSuite: ChurchSuite is our Parish database and administration tool.  
If you are not on it please email the office for a link.**

**ALPHA COURSE** – The next course starts on 23<sup>rd</sup> October at 7.30 at St. Marks. There is also a lunchtime session at 12.30 at St. Mary Magdalens. There is a sign up sheet at the back of the Church

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**Parish Website: Check out our new look parish website:** [stmarksparish.org.uk](http://stmarksparish.org.uk) It's still under construction so bear with us. Thanks to Mr Ian Tearle for developing the site.

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**Medjugorje 2024** – The pilgrimage to Medjugorje this year is from 19<sup>th</sup> September to 26<sup>th</sup> September. The details are as the successful pilgrimage last year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on [chrismceweneb@gmail.com](mailto:chrismceweneb@gmail.com) or 07967 568852

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**The Medjugorje Apostolate Annual Pilgrimage to Walsingham** - will take place on Bank Holiday Monday 26<sup>th</sup> August 2024. This year again we have the great privilege of having Fr Zvonimir Pavičić OFM, the parish priest of St James, Medjugorje to lead the pilgrimage.

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**Icon of St Mark:** An Icon of St Mark, has been purchased with money donated by Gloria and Julian Wong in memory of Shelia Curry. The Coptic style icon is a limited edition print from the workshop of the top Coptic Iconographer in the UK. It can be seen in the right if sanctuary as you face the altar. The Icon is described thus “St Mark’s gospel journey took him famously to Egypt where his preaching paved the way for Christian belief and eventually the forming of the Coptic Orthodox Church. In Coptic icons this journey is usually suggested by a ship on a sea and the lighthouse of Alexandria in the background. He is shown with a red himation to reference his brutal martyrdom and always holds a gospel book. In most icons there will usually be a reference to a lion or lion-headed cherubim which, in early patristic writing, links him to one of the 4 cherubim seen by Ezekiel and by St John in the book of Revelation. These 4 cherubim are likened in early homilies to the 4 gospel writers and are therefore paired with them in Orthodox iconography.”

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## News for St Mary Magdalen Catholic Parish

### ***Nineteenth Sunday in Ordinary Time 11<sup>th</sup> August 2024: Sunday Readings: Liturgical Year B. Services during the coming week – Nineteenth Week of the Year, Year II***

Saturday 10 <sup>th</sup> August	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 19 <sup>th</sup> Sunday in Ordinary Time, offered for the people of the parish. Reader: R Cork, Offertory: Cork Family
Sunday 11 <sup>th</sup> August	8:00 am	Holy Mass offered for all members of the Vieira Family, living and dead. Reader: J Cleary Offertory: Cleary Family, Eucharistic Minister: C Moore.
	10:00 am	Holy Mass. Reader: M Pakes, Offertory: M Mayhew/M Geisel Eucharistic Minister: M Geisel <i>Please join us in the Garden Room after 10:00 Mass for tea and coffee, prepared and served by Teresa &amp; Rosemary</i>
Monday 12 <sup>th</sup> August	Feria	<b>No Mass Today</b>
Tuesday 13 <sup>th</sup> August	Feria	10:00 am Holy Mass
Wednesday 14 <sup>th</sup> August	St Maximillian Kolbe	12 noon Holy Mass offered for the repose of the soul of Ralph Vieira RIP.
Thursday 15 <sup>th</sup> August	The Assumption of the Blessed Virgin Mary – Holyday of Obligation	10:00 am Holy Mass offered for all members of the Vieira Family - living and dead 7:00 pm Holy Mass offered for the people of the parish
Friday 16 <sup>th</sup> August	Feria	10:00 am Holy Mass offered for all members of the Sheridan and Morris families, living and dead (Foundation Mass) followed by Exposition, a chaplet of Divine Mercy and Benediction.
Saturday 17 <sup>th</sup> August	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the 20 <sup>th</sup> Sunday in Ordinary Time, offered for the people of the parish. Reader: I Suttle, Offertory: Hennon Family
Sunday 18 <sup>th</sup> August	8:00 am	Holy Mass offered for all members of the Vieira Family, living and dead. Reader: C Moore Offertory: Moore Family, Eucharistic Minister: E Cleary.
	10:00 am	Holy Mass. Reader: N Fox, Offertory: Pakes Family Eucharistic Minister: J Poll

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**Today’s Gospel:** Today, we continue to read from the “Bread of Life discourse” found in the sixth chapter of John’s Gospel. Last week, the crowd asked for a sign that would show that Jesus came from God. Jesus replied by saying that he is the sign and the bread of life sent by God. Today’s Gospel begins with a report

that the Jews complained about Jesus' claims regarding his identity. They knew his family, and they knew he was the son of Joseph. They could not comprehend what Jesus meant when he said that he came down from heaven. Jesus responds to the complaints by saying that only those who are chosen by God will recognise him as the one that God sent. This is a recurring theme in John's Gospel, that God has chosen those who will have faith in Jesus. In the verses that follow, Jesus talks more about his unity with the Father. He is the one who has seen the Father and, therefore, knows the Father. Those who listen to God will recognise that Jesus is the one sent from God. Those who believe will have eternal life. Jesus concludes with the central element of our eucharistic theology. He promises that the bread of life will bring eternal life to those who partake of it, and he tells us that the bread of life will be his own flesh, given for the life of the world. In today's reading, we hear Jesus say again, as he did in last week's Gospel, that he is the bread of life. We also hear Jesus add that he is the living bread. Both of these statements help us understand better the gift that Jesus gives us in the Eucharist. We celebrate this gift of Jesus each time we gather for Mass. We believe that receiving Jesus in the Eucharist will lead us to eternal life. *Courtesy Loyola Press*

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**The Feast of the Assumption:** Thursday of this week is the feast of the Assumption of the Blessed Virgin Mary, when we celebrate the spiritual and physical departure of the mother of Jesus Christ from the earth, when both her soul and her body were taken into the presence of God. This feast day is a Holy Day of Obligation on which all Catholics are required to attend Mass. Masses at St Mary Magdalen will be celebrated at 10:00 am and 7:00 pm.

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**Next Weekend:** Next weekend, we welcome Fr Eugene Lugh, of the Missionary Society of St. Paul of Nigeria, who will be staying in the parish speaking of the work of his mission. The Missionary Society of St. Paul of Nigeria, guided by the Spirit, is present in ten African countries, in four European countries, in two countries of the Caribbean Islands, in Canada, and in the United States of America, spreading the good news of God's salvation through parish ministry, social justice, hospital chaplaincies, schools, and spiritual formation. You will hear more of this next weekend when an appeal will be made at all Masses for the work of the mission.

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**Alpha Course:** There will be another Alpha course starting 23<sup>rd</sup> October – a lunch time session to be held at St Mary Magdalen church and an evening session to be held at St Mark's church. Christian rather than Catholic, at each Alpha session, you'll be hosted in a small group and watch an episode on a different question of faith - then you have a chance to share your thoughts and hear what others think. You can say anything you like, or nothing at all. Everyone's welcome. You're invited to attend, no matter your background or beliefs. It's free and there's no pressure to come back. Please do consider signing up for the next course, or if you would like to help organise and run the next course, please let Fr Paul or Fr Luke know.

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**Parish BBQ - Date for your Diaries:** On Sunday 8<sup>th</sup> September, there will be a parish BBQ in the garden after 10:00 Mass. All are invited. Put the date in your diary now – more details to follow later.

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**The Sick of the Parish:** We ask your prayers for Patrick Doran, Leslie Jermy, Jim Spence, Margaret Ward (née Curry) and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit. Amen.*

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**Our Own Dear Departed:** Of your charity, please pray for the repose of the souls of our faithful departed and especially for

William Kerr (1970), Cyril Robinson (1970), Iris Harvey (2006), Alice Ashard (2000), Veronica Hudson (1978), Douglas Clark (2006), Violet Akehurst (1979) AND Bridget Keenan (1963) whose anniversaries occur about this time.

*May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

### Houses of Prayer

We are blessed to have three fine Churches serving our two parishes' communities at St Mark's, Holy Family and St Mary Magdalen. Before Mass begins, we are warmly encouraged to be quiet and reflective, reading through the readings, speaking to God and preparing ourselves to celebrate the Mass worthily and well. **Please be mindful of each other by keeping a prayerful atmosphere in our churches and with talking kept to bare minimum during this time to allow each other to pray.**

Remember that the Jesus is present in the Tabernacle and whilst we remain in His presence, we are reminded to conduct ourselves with due reverence.

**Thank you**